

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2019

			<p>10:00 Morning Stretch 11:00 Hydration Station 11:30 Helping Hands 2:00 Arts & Crafts 3:00 Scenic Drive 3:30 Afternoon Snack 4:00 Afternoon Walk 6:00 Evening Snack</p> <p>May Day</p>	<p>10:00 Chair Kickboxing 11:00 Hydration Station 11:30 Trivia Time 2:00 Gardening Group 3:00 Afternoon Snack 3:30 Music & Memory 4:00 Court Yard Walk 6:00 Evening Snack</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Manicures 2:00 Walk & Talk 3:00 Happy Hour 4:00 Cranium Crunches 6:00 Evening Snack</p>	<p>10:00 Seated Exercise 11:00 Hydration Station 11:30 Sing a Long 2:00 Cooking Club 3:00 Afternoon Snack 3:30 Afternoon Stroll 4:00 Table Topics 6:00 Evening Snack</p>
<p>10:00 Morning Stretch 11:00 Hydration Station 11:30 News Review 2:00 Cornhole Tournament 3:00 Afternoon Snack 3:30 Baker's Corner 4:00 Trivia Time 6:00 Evening Snack</p> <p>Cinco de Mayo</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Aroma Therapy 2:00 Bingo 3:00 Afternoon Snack 3:30 Walk Around the Block 4:00 Classic Sitcoms 6:00 Evening Snack</p> <p>Ramadan</p>	<p>10:00 Seated Dancing 11:00 Hydration Station 11:30 Cranium Crunches 2:00 Knit & Crochet 3:00 Afternoon Snack 3:30 Bowling 4:00 Tea & Lemonade Social 6:00 Evening Snack</p>	<p>10:00 Morning Stretch 11:00 Hydration Station 11:30 Helping Hands 2:00 Arts & Crafts 3:00 Scenic Drive 3:30 Afternoon Snack 4:00 Afternoon Walk 6:00 Evening Snack</p>	<p>10:00 Chair Kickboxing 11:00 Hydration Station 11:30 Trivia Time 2:00 Gardening Group 3:00 Afternoon Snack 3:30 Music & Memory 4:00 Court Yard Walk 6:00 Evening Snack</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Manicures 2:00 Walk & Talk 3:00 Happy Hour 4:00 Cranium Crunches 6:00 Evening Snack</p>	<p>10:00 Seated Exercise 11:00 Hydration Station 11:30 Sing a Long 2:00 Cooking Club 3:00 Afternoon Snack 3:30 Afternoon Stroll 4:00 Table Topics 6:00 Evening Snack</p> <p>Armed Forces Day</p>
<p>10:00 Morning Stretch 11:00 Hydration Station 11:30 News Review 2:00 Cornhole Tournament 3:00 Afternoon Snack 3:30 Baker's Corner 4:00 Trivia Time 6:00 Evening Snack</p> <p>Mother's Day</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Aroma Therapy 2:00 Bingo 3:00 Afternoon Snack 3:30 Walk Around the Block 4:00 Classic Sitcoms 6:00 Evening Snack</p>	<p>10:00 Seated Dancing 11:00 Hydration Station 11:30 Cranium Crunches 2:00 Knit & Crochet 3:00 Afternoon Snack 3:30 Bowling 4:00 Tea & Lemonade Social 6:00 Evening Snack</p>	<p>10:00 Morning Stretch 11:00 Hydration Station 11:30 Helping Hands 2:00 Arts & Crafts 3:00 Scenic Drive 3:30 Afternoon Snack 4:00 Afternoon Walk 6:00 Evening Snack</p>	<p>10:00 Chair Kickboxing 11:00 Hydration Station 11:30 Trivia Time 2:00 Gardening Group 3:00 Afternoon Snack 3:30 Music & Memory 4:00 Court Yard Walk 6:00 Evening Snack</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Manicures 2:00 Walk & Talk 3:00 Happy Hour 4:00 Cranium Crunches 6:00 Evening Snack</p>	<p>10:00 Seated Exercise 11:00 Hydration Station 11:30 Sing a Long 2:00 Cooking Club 3:00 Afternoon Snack 3:30 Afternoon Stroll 4:00 Table Topics 6:00 Evening Snack</p>
<p>10:00 Morning Stretch 11:00 Hydration Station 11:30 News Review 2:00 Cornhole Tournament 3:00 Afternoon Snack 3:30 Baker's Corner 4:00 Trivia Time 6:00 Evening Snack</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Aroma Therapy 2:00 Bingo 3:00 Afternoon Snack 3:30 Walk Around the Block 4:00 Classic Sitcoms 6:00 Evening Snack</p> <p>Victoria Day (Canada)</p>	<p>10:00 Seated Dancing 11:00 Hydration Station 11:30 Cranium Crunches 2:00 Knit & Crochet 3:00 Afternoon Snack 3:30 Bowling 4:00 Tea & Lemonade Social 6:00 Evening Snack</p>	<p>10:00 Morning Stretch 11:00 Hydration Station 11:30 Helping Hands 2:00 Arts & Crafts 3:00 Scenic Drive 3:30 Afternoon Snack 4:00 Afternoon Walk 6:00 Evening Snack</p>	<p>10:00 Chair Kickboxing 11:00 Hydration Station 11:30 Trivia Time 2:00 Gardening Group 3:00 Afternoon Snack 3:30 Music & Memory 4:00 Court Yard Walk 6:00 Evening Snack</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Manicures 2:00 Walk & Talk 3:00 Happy Hour 4:00 Cranium Crunches 6:00 Evening Snack</p>	<p>10:00 Seated Exercise 11:00 Hydration Station 11:30 Sing a Long 2:00 Cooking Club 3:00 Afternoon Snack 3:30 Afternoon Stroll 4:00 Table Topics 6:00 Evening Snack</p>
<p>10:00 11:00 Hydration Station 11:30 2:00 3:00 Afternoon Snack 3:30 4:00 6:00 Evening Snack</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Aroma Therapy 2:00 Bingo 3:00 Afternoon Snack 3:30 Walk Around the Block 4:00 Classic Sitcoms 6:00 Evening Snack</p> <p>Memorial Day</p>	<p>10:00 Seated Dancing 11:00 Hydration Station 11:30 Cranium Crunches 2:00 Resident Townhall 3:00 Afternoon Snack 3:30 Bowling 4:00 Tea & Lemonade Social 6:00 Evening Snack</p>	<p>10:00 Morning Stretch 11:00 Hydration Station 11:30 Helping Hands 2:00 Arts & Crafts 3:00 Scenic Drive 3:30 Afternoon Snack 4:00 Afternoon Walk 6:00 Evening Snack</p>	<p>10:00 Chair Kickboxing 11:00 Hydration Station 11:30 Trivia Time 2:00 Gardening Group 3:00 Afternoon Snack 3:30 Music & Memory 4:00 Court Yard Walk 6:00 Evening Snack</p>	<p>10:00 Chair Exercise 11:00 Hydration Station 11:30 Manicures 2:00 Walk & Talk 3:00 Happy Hour 4:00 Cranium Crunches 6:00 Evening Snack</p>	

Individual Events are Subject to Change due to the individual needs and interests of residents