

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2019

## Vitalia Senior Residences at Strongsville Assisted Living



|   |  |  |   |   |  |   |
|---|--|--|---|---|--|---|
| <p>11:00 Exercise Tape (T)<b>3</b><br/> <b>2:00 Bingo w/ Ray (B)</b><br/>         3:00 Card Club: Canasta (B)</p>   | <p>10:00 Shopping Trip: <b>4</b><br/>         Drug Mart (BT)<br/>         11:30 Chair Yoga w/ Jill (T)<br/>         2:00 Book Club (L)<br/> <b>3:00 New Resident Social (B)</b><br/>         6:45 Monday Movie (T)</p>     | <p><b>10:00 Paczki Party (B) 5</b><br/>         11:00 Chair Zumba w/ Melissa (T)<br/> <b>12:15 Mardi Gras at the Senior Center (BT)</b><br/>         2:30 Bingo (B)<br/> <b>4:00 Mardi Gras Happy Hour &amp; Irish Music w/ Home Instead (DR)</b></p> <p style="text-align: center;"><small>Mardi Gras</small></p> | <p>9:30 Quilting Club (CK)<b>6</b><br/>         11:00 Catholic Church (T)<br/> <b>12:30 Veteran's Group Lunch Meeting (DR)</b><br/>         2:00 Bible Study (L)<br/>         6:45 Game Night: Pinochle (B)</p> <p style="text-align: center;"><small>Ash Wednesday</small></p> | <p>10:00 Manicures (B) <b>7</b><br/> <b>11:30 STAR Concert (BT)</b><br/>         3:00 Bingo (B)<br/>         4:30 TED Talks: National Optimism Month (T)</p>  | <p>10:00 Cooking Club (CK)<b>8</b><br/>         11:30 Chair Exercise w/ Angela (T)<br/> <b>2:00 Bank &amp; Post Office Run (BT)</b><br/>         4:00 Happy Hour (DR)<br/>         6:45 Friday Flick (T)</p>         | <p>10:30 Sing a Long Song<b>2</b><br/>         (T)<br/>         11:00 Sit &amp; Be Fit (T)<br/>         2:00 Coloring Corner (B)<br/>         3:00 Coffee Social (FL)</p>   |
| <p><b>9:30 Strongsville UCC Trip (BT) 10</b><br/>         11:00 Exercise Tape (T)<br/> <b>2:00 Bingo w/ Jeanne (B)</b><br/>         3:00 Card Club: Kings in the Corner (B)</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p> | <p>10:00 Shopping Trip: <b>11</b><br/>         Marc's (BT)<br/>         11:30 Chair Yoga w/ Jill (T)<br/> <b>2:00 Calendar Planning (B)</b><br/>         6:45 Monday Movie (T)</p>   | <p><b>10:00 Garden Planning 12</b><br/>         (B)<br/> <b>11:30 Guys' Lunch Outing w/ Noel: (B)</b><br/>         2:00 Bingo (B)<br/>         3:30 Pinochle Game (B)</p>  | <p>9:30 Quilting Club (CK)<b>13</b><br/>         11:00 Communion (T)<br/>         2:00 Bible Study (L)<br/> <b>4:00 Birthday Bash w/ Shane Phillips (DR)</b><br/>         6:45 Game Night: Bunco (B)</p>  | <p>10:00 Manicures (B)<b>14</b><br/> <b>11:00 Art Museum Trip (BT)</b><br/>         2:00 Bingo (B)<br/>         6:45 Coffee w/ Candy (B)</p>  | <p>10:00 Cooking Club (CK)<b>15</b><br/>         11:30 Chair Exercise w/ Angela (T)<br/>         2:00 Library Trip (BT)<br/> <b>4:00 Irish Happy Hour (DR)</b><br/>         6:45 Friday Flick (T)</p>                | <p><b>10:30 Veteran's Benefit Presentation (T) 16</b><br/>         2:00 Coloring Corner (B)<br/>         3:00 Coffee Social (FL)</p>  |
| <p>11:30-1:30 Sunday <b>17</b><br/>         Brunch<br/> <b>2:00 Christ Church Service (T)</b><br/> <b>3:00 Fellowship Coffee (B)</b></p> <p style="text-align: center;"><small>St. Patrick's Day</small></p>  | <p>10:00 Shopping Trip:<b>18</b><br/>         Heiners (BT)<br/>         11:30 Chair Yoga w/ Jill (T)<br/> <b>2:30 Resident Townhall (T)</b><br/>         6:45 Monday Movie (T)</p>   | <p>11:00 Chair Zumba w/<b>19</b><br/>         Melissa (T)<br/> <b>12:00 Take Out Tuesday: Burger King (B)</b><br/>         2:00 Bingo (B)<br/>         3:30 Bunco Game (B)</p>   | <p>9:30 Quilting Club (CK)<b>20</b><br/> <b>10:00 Spa Trip w/ Danielle (BT)</b><br/>         11:00 Communion (T)<br/>         2:00 Bible Study (L)<br/>         6:45 Game Night: Kings in the Corner (B)</p> <p style="text-align: center;"><small>Spring Begins</small></p>    | <p>10:00 Manicures (B)<b>21</b><br/>         1:00 Bingo (B)<br/> <b>2:30 Potato Salad Cook-Off w/ Angela (CK)</b><br/>         4:00 Potato Salad Judging (CK)</p> <p style="text-align: center;"><small>Purim</small></p> | <p>10:00 Cooking Club (CK)<b>22</b><br/>         11:30 Chair Exercise w/ Angela (T)<br/> <b>2:00 Health Talks w/ Lisa (T)</b><br/>         4:00 Happy Hour (DR)<br/>         6:45 Friday Flick (T)</p>               | <p>10:30 Sing a Long Song<b>23</b><br/>         (T)<br/>         11:00 Sit &amp; Be Fit (T)<br/>         2:00 Coloring Corner (B)<br/>         3:00 Coffee Social (FL)<br/> <b>3:30 Catholic Church Trip (BT)</b></p> |
| <p><b>9:00 UCC Trip (BT) 24</b><br/>         11:00 Exercise Tape (T)<br/> <b>2:00 Bingo w/ Ray (B)</b><br/>         3:00 Card Club: Pinochle (B)</p>  | <p>10:00 Shopping Trip: <b>25</b><br/>         Dollar Store (BT)<br/>         11:30 Chair Yoga w/ Jill (T)<br/>         2:00 Book Club (L)<br/> <b>3:30 Welcome Ambassadors (B)</b><br/>         6:45 Monday Movie (T)</p> | <p><b>11:30 Lunch Bunch 26</b><br/> <b>Olive Garden (BT)</b><br/>         2:00 Bingo (B)<br/>         3:30 Dean Martin Tapes (T)<br/>         6:45 Residents Play Games (B)</p>  | <p>9:30 Quilting Club (CK)<b>27</b><br/>         11:00 Communion (T)<br/>         2:00 Bible Study (L)<br/> <b>6:30 Evening Show w/ John Kowalski (DR)</b></p>  | <p>10:00 Manicures (B)<b>28</b><br/>         2:00 Bingo (B)<br/> <b>6:30 Veteran's Benefit Presentation (T)</b><br/>         6:45 Coffee w/ Candy (B)</p>   | <p>10:00 Cooking Club (CK)<b>29</b><br/> <b>10:30 Veteran's Meet &amp; Greet Lunch (BT)</b><br/>         11:30 Chair Exercise w/ Angela (T)<br/>         4:00 Happy Hour (DR)<br/>         6:45 Friday Flick (T)</p> | <p>10:30 Sing a Long Song<b>30</b><br/>         (T)<br/>         11:00 Sit &amp; Be Fit (T)<br/>         2:00 Coloring Corner (B)<br/>         3:00 Coffee Social (FL)</p>  |

11:00 Exercise Tape (**31**)  
**2:00 Bingo w/ Jeanne (B)**  
 3:00 Card Club: Hand & Foot (B)



(B)- Bistro  
 (BT)- Bus Trip  
 (CK)- Country Kitchen  
 (DR)- Dining Room  
 (FL) Front Lobby

(L)-Library  
 (T)-Theater  
 (W)- Wellness Center/Pool Area

